



RAMON RIVERA
DESIGNS

Photo Shoot Prep Guide

Here are a few tips on preparing for your upcoming photo shoot & helping your day run smooth

- Hair** Come hair-ready and bring a brush, comb, etc for touching up during the shoot. Be ready to put your hair up in case of a windy day. Bring bobby pins, hair clips, headbands or any other favorite accessories.
- Lips** You will probably wipe or lick your lips during your shoot, so bring fresh lip gloss or lipstick to do touch-up. Use lip balm for a few days in advance of your shoot to make them look their best.
- Breakouts** Don't cake on a lot of makeup to try to hide blemishes – it's almost always easier to Photoshop away pimples than to clean up overdone makeup.
- Makeup** Speaking of make-up, a subtle application can really soften your skin and accent your facial features. You want to achieve a natural even skin tone. Similar to your hair, make sure to arrive with your makeup applied.
- Moisturizer** Dry skin can really detract from a great photo shoot. Start moisturizing nightly. Focus on your arms, shoulders, neck, face, hands, anywhere you'll be exposed to the camera. This includes your legs if you're shooting in shorts or a skirt. **Tip:** For dry skin on your face, especially around your nose, use a sugar scrub. Mix a cup of sugar with about a quarter cup of olive oil, or just until it looks like wet sand. Scrub your face with it anywhere you have flaky skin, wash it off, then wash with soap to remove the oil. The sugar paste shouldn't be oily, just wet enough to moisten the sugar.
- Tan Lines** If your shoot is booked for Saturday, don't go to the beach on Friday. If you plan to tan before your shoot, do so at least a week beforehand and don't get burned. Be mindful of clothing tan lines, sunglass tan lines, hat tan lines, etc.
- Nails** A fresh coat of nail polish will make a world of difference in your photo shoot. Pick a neutral color that won't distract in your shoot or clash with your outfits. Freshen the morning of the shoot, then be careful not to scuff it while prepping. Your photo shoot is a great excuse for a fresh manicure, but if you can't go to the salon, make sure your nails look tidy and clean, including the cuticles.

Clothes

There are no "rules" when it comes to clothing. The most important thing is that you feel comfortable and you like yourself. You do want to make sure your clothes compliment you and help make *you* stand out. In order to do that, I recommend that you:

- Choose solid colors and muted tones that are more subdued.
- Choose similar tones for your tops and bottoms. A white top and dark pants will make your top look bigger while white pants and dark top will make your butt look bigger.
- Although a lot of people like to hide under baggy clothes, they can actually make you look bigger, particularly in photos. Choose slim fitting clothes in darker shades. If you have an area that you don't want to be showcased; ruffles, sheer layers, and draping work wonders in distracting the eye from those areas. Shirts with sleeves are also very flattering on most adults.
- Embrace textures in your clothing. Light loves texture and cameras love light. So be good to your photographer and bring some textured pieces.
- Stay away from big prints and busy patterns unless you can break them up with a jacket of some sort. Also, stay away from logos on clothing.
- For the ladies - bra straps won't do anything to help your outfit look its best. Be sure you bring a set of bras and strap-adjusting accessories to work with any outfit you want to shoot in to keep those straps well-hidden.
- If you iron, iron the night before and then hang the clothes for your shoot. If you're wearing something that wrinkles easily, don't wear it in the car on the way to the shoot – just change at the location.

Shoes

Ladies, can't go wrong in heels, wedges, or boots down here in Texas. Men, clean'em up! Dress shoes or boots are best, but as with most things, let your momma or your wife decide.

Arrival

Arrive 10 min early. This shoot is all about you and unfortunately we can't start it without you there! I understand that things happen and am more than willing to wait for you to arrive but I will not be able to extend the length of the shoot.

And Lastly

Be ready to have fun!

Now Lets Shoot!